



SETDAB

Southend, Essex & Thurrock Domestic Abuse Board

ANNUAL REPORT

2019 / 2020

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Foreword from the SETDAB Chair



Welcome to the Southend, Essex and Thurrock Domestic Abuse Board (SETDAB) Annual Report for 2019/2020. SETDAB is made up of representatives from agencies and organisations working to join up and better facilitate Southend, Essex and Thurrock's vision of a County where everyone lives a life free from domestic abuse.

The Domestic Abuse Strategy 2015/2020 sets out a strategic vision to address domestic abuse through a multi-agency framework, common ethos and co-ordinated approach to innovate, drive change and address domestic abuse across Southend, Essex and Thurrock. It drives consistent and coordinated action, bringing our collective resources together to address the issues of domestic abuse. The Domestic Abuse Board, which I am privileged to be the Chair of, monitors the implementation of the Strategy and its underpinning action/ delivery plans.

This report provides an update on the overall progress made against the delivery of the Domestic Abuse Strategy for 2015/2020, reflecting on our successes, such as our 2019 Conference. It also highlights the challenges that we continue to face. It introduces our new Southend, Essex and Thurrock Domestic Abuse Strategy for 2020/2025, which builds on the firm foundations of our previous Strategy and but as importantly, reflects on a response to the experiences of many who have been affected by domestic abuse.

Having responded to the Domestic Abuse Bill consultation in 2019, we await further developments and will seek to align our work accordingly with any new legislation and good practice that emerges; ensuring we co-ordinate domestic abuse responses to issues, such as the current Covid-19 pandemic.

The ambition for the work of SETDAB remains firm and clear, we want to ensure our collective efforts remain focused on delivering what really matters. We want to support victims and their families affected by domestic abuse to feel safe and recover through targeted help and jointly commissioned support services. We will also continue to work with those that perpetrate the crime to break the cycle of domestic abuse for future generations.

Finally, I would like to thank the SET DA Team for their continued support and drive. It remains a challenging environment to work in but one that they navigate with professionalism, skill and compassion. To the partners and organisations who work with us on SETDAB, I want to thank you all for your continued unwavering commitment because what we have achieved would not have been possible without your ambition and support.

Jane Gardner

Deputy Police, Fire and Crime Commissioner for Essex and SETDAB Chair

Who is SETDAB?

Our new vision and an outline of what we do:

"Working together to enable everyone to live a life free from all forms of domestic abuse."

The Southend, Essex and Thurrock Domestic Abuse Board (SETDAB) is made up of representatives from agencies and organisations working to join up and better facilitate Southend, Essex and Thurrock's vision to work together to enable everyone to live a life free from all forms of domestic abuse (DA). The Board is responsible for designing and implementing the Domestic Abuse Strategy across Southend, Essex and Thurrock. SETDAB provides strategic leadership to address domestic abuse by providing a multi-agency framework, common ethos and co-ordinated approach to innovate, drive change and address domestic abuse.



Our achievements of 2019-2020




Reach

In the first year of our new jointly commissioned Domestic Abuse (DA) Services they have reached the following people:

Single point of access:

 **2709** referrals

 **4988** calls answered

 **1092** online referrals

 **1177** onward referrals

Service delivery:

 **4017** community cases

 **2170** cases with children

 **121** cases in refuge

 **2848** with Independent Domestic Violence Advisor

SETDAB 2019 Conference

The event was run in partnership with Changing Pathways, The Change Project and Essex Police. A total of 227 people attended from a variety of agencies and 86% of those who completed evaluations confirmed they would apply the learning to their practice.



www.SETDAB.org

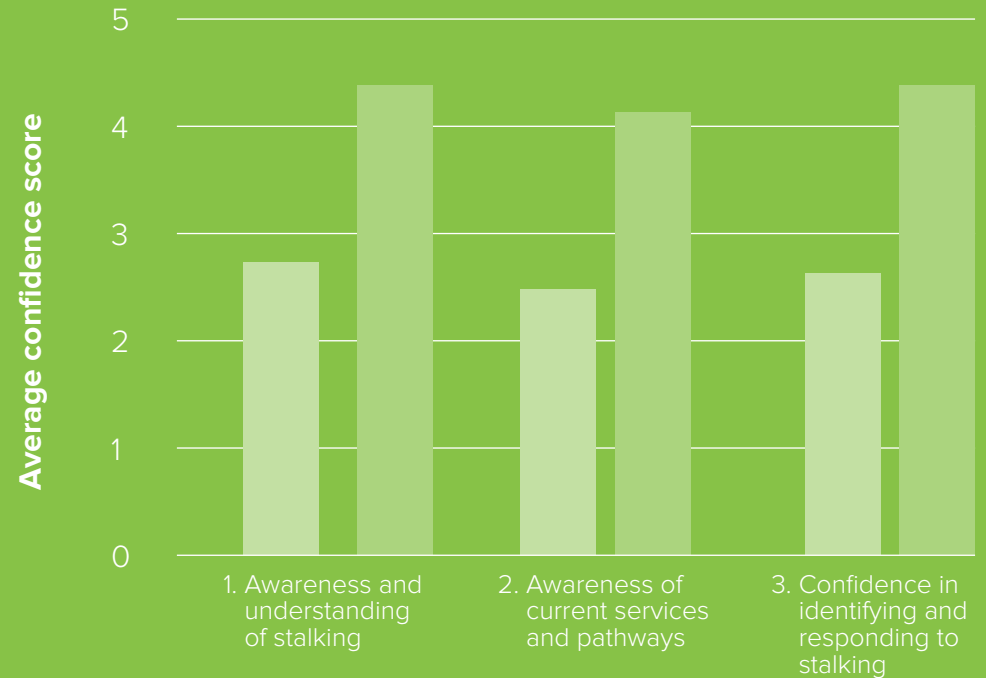
Our achievements of 2019-2020

Seminars and Workshops:

Over 800 professionals have attended our seminars and workshops which have included our annual conference, stalking seminars, Complex Needs training, Multi Agency Risk Assessment Conference (MARAC) and domestic abuse, stalking and 'honour'-based abuse (DASH) risk assessment, Domestic Homicide Review (DHR) Seminars and Learning From Reviews. All of the feedback from our events showed that professional's confidence in these areas have increased, e.g. 93% of those who completed evaluations for the stalking seminars confirmed it would influence their practice and their confidence increased across all the learning outcomes.

- 1 Awareness and understanding of stalking
- 2 Awareness of current services and pathways
- 3 Confidence in identifying and responding to stalking

Stalking workshop confidence scores



Questions

1 = no confidence
2 = little confidence
3 = some confidence
4 = fairly confident
5 = very confident

Pre-workshop score
Post-workshop score

Our achievements of 2019-2020

SETDAB E-learning Package

The SETDAB E-Learning Package was completed in March 2020 and launched in April 2020. This package aims to give professionals the tools to recognise domestic abuse and be aware of the dynamics, impact and the effects on individuals, agencies and society. The E-Learning is currently being adapted to another interactive platform and SETDAB will build on this with other subjects including basic drug and alcohol awareness training. This allows for training to be cascaded remotely to our partners, enabling a wider audience to access training materials.



Our achievements of 2019-2020

Stalking Campaign:

The SETDAB Stalking campaign was launched on the 16th September 2019 and was led by the tagline **‘Stalking is a crime: if you see the signs, we’ll see the bigger picture’**.

The campaign aimed to raise awareness to help people recognise the signs of stalking either if they believe they are a victim or suspect someone else may be. The campaign gives victims the support they need to get help to end their ordeal and bring perpetrators to justice.

As a result of the campaign release there was a **282% increase in SETDAB website users** during the campaign.



Since the launch the video has received a large number of views across a number of social media platforms:



On Facebook between September 2019-April 2020 the Stalking post had reached 307,000 people, had 3683 engagements and the video had 140,000 views.



On Twitter between September 2019-April 2020 the Stalking tweet had 37,000 impressions with 654 engagements. The video had 12,500 views.



On Instagram between September 2019-April 2020 the post reached 6,518 individuals and the video had 2,910 views.



On YouTube between September 2019-April 2020 the video had 156,000 views across all channels.

Our achievements of 2019-2020

Domestic Homicide Thematic Review

The Domestic Homicide Review (DHR) Thematic review was built on the thematic review completed in 2017. It looked at 13 DHRs drawing out key themes and learning to share as broadly as possible and feed into our strategy for tackling domestic abuse across Southend, Essex and Thurrock (SET).

Project Columbus

The learning over the past 3 years from the Drive Project was reviewed and SETDAB launched a new project targeting high risk perpetrators with disruption and behaviour change interventions. The Change Project was commissioned to deliver Project Columbus and the Outreach Service and achieved positive results:

245

2019- 2020 referrals for Project Columbus

46

2019- 2020 completions for Project Columbus

(Ex)partners of clients engaged with Project Columbus reported a reduction in risk as follows:

↓ 100%
reduction

Physical

↓ 100%
reduction

Sexual

↓ 94.5%
reduction

Harassment

↓ 80.3%
reduction

Jealousy

New 2020-2025 Strategy and all 5 outcomes

The Southend, Essex and Thurrock Domestic Abuse Strategy was launched in May 2020 and the five outcomes identified within the Strategy are the focus of our work. All of our outcomes will have delivery plans in place which will be monitored by SETDAB.

Outcome 1:

Children and young people can recognise and form healthy relationships.

Outcome 2:

People experiencing and at risk of experiencing domestic abuse are supported to be and feel safe.

Outcome 3:

Everyone can rebuild their lives and live free from domestic abuse.

Outcome 4:

Supporting and disrupting perpetrators to change their behaviour and break the cycle of domestic abuse.

Outcome 5:

Communities, professionals and employers are able to recognise domestic abuse at the earliest opportunity and have the confidence to take action.

Outcome 1: Children and young people can recognise and form healthy relationships.



What have we done:

- Continued to expand Risk Avert in 2019-2020 by 20 Secondary Schools. 65 Primary Schools also expressed an interest in Risk Avert being delivered to their students.
- Expanded and developed Goodman Project to include females with a new programme called Sisters in Strength.
- Piloted a new project to introduce trauma perceptive practice within school settings and providing additional support services for staff members and young people: the roll out programme for Trauma Perceptive Practice (TPP).

What we will do:

- Promote a consistent approach to delivering a healthy relationships curriculum in schools to support children and young people understand healthy relationships.
- Promote existing resources and programmes for parents to manage inter-parental conflict and prevent the negative impacts on children and young people.
- Develop new resources aimed at supporting teenagers and young adults to manage conflict in relationships.
- Review the evidence for what works to support to young people who have difficulty forming healthy relationships.
- Review the evidence for what works to support children and young people who are victims of domestic abuse to grow up forming healthy relationships.
- Evaluate and review the current programmes being delivered directly to young people.
- Promote system working with relevant partnerships in order to support children and young people at risk of domestic abuse.

Why is this important?

We need to educate and support our children and young people to make informed choices.

Outcome 2: People experiencing and at risk of experiencing domestic abuse are supported to be and feel safe.



What have we done:

- Promoted a new single point of contact into domestic abuse services (COMPASS).
- Increased the number of agency partners engaging in MARAC processes e.g. expansion of housing providers involved and East of England Ambulance Service.
- Embedded local audit processes across the SET MARACs to monitor effective practice.
- Established a perpetrator focus within SET MARACs to tackle perpetrators behaviour to keep victims and children safe.

What we will do:

- MARAC agencies work together to increase the safety of families, empowering people to make decisions regarding their own safety.
- All agencies work with domestic abuse support services to increase the safety and well-being of families affected by domestic abuse, empowering people to make decisions regarding their own safety.
- Ensure victims' voices are heard and used to inform our service development; support the development of peer support networks.
- Promote pathways into specialist services.
- Develop community networks and tailor services to meet local needs and cultural diversity.
- Promote safe spaces where people can access information and support from services.

Why is this important?

It is everyone's responsibility to safeguard victims and children living with domestic abuse.

Outcome 3: Everyone can rebuild their lives and live free from domestic abuse.



What have we done:

- Supported the delivery of well-being services in complex needs DA settings to encourage resilience and long-term recovery including those affected by substance misuse.
- Worked closely with the Clinical Commissioning Groups to raise health professionals' awareness of the impact of DA and pathways into services.
- Established work steams with housing providers.

What we will do:

- Agencies to provide domestic abuse victims information and access to safe and supportive accommodation options that respond to family's requirements.
- Develop a response to address the housing needs and issues faced by domestic abuse perpetrators to support work to keep families safe.
- Require agencies to provide trauma informed targeted interventions.

Why is this important?

Enables people affected by domestic abuse to recover and live free from abuse.

Outcome 4: Supporting and disrupting perpetrators to change their behaviour and break the cycle of domestic abuse.



What have we done:

- Evaluated the range of perpetrator interventions currently available across Southend, Essex and Thurrock to determine their impact and to inform future commissioning decisions.
- Implemented a perpetrator focus within MARAC (delivery of Project Columbus in Essex and Southend and now the Change Hub in Essex and Southend).
- Rolled out a Domestic Violence Protection Order (DVPO) pilot across Mid and North Essex in conjunction with The Change Hub.
- Developed Operation Enforce run by Essex Police to disrupt repeat domestic abuse perpetrators from their abusive behaviour.

What we will do:

- Promote early identification of abusive patterns of behaviour and targeted interventions to address this.
- Establish a menu of interventions to address individual perpetrator behaviour to respond to levels of risk and individual needs.
- All partners work together to provide disruption opportunities targeted at perpetrators.
- Work with the Criminal Justice System (CJS) to monitor the use and effectiveness of the legislation and processes in managing domestic abuse offenders.

Why is this important?

Perpetrators need to be held to account for their behaviour and offered opportunities to change to prevent future harm.

Outcome 5: Communities, professionals and employers are able to recognise domestic abuse at the earliest opportunity and have the confidence to take action.



What have we done:

- Delivered a Stalking campaign.
- Developed our DA awareness e-learning programme.
- Completed a Domestic Homicide Review Thematic Report and shared the learning across SET.
- Continued to deliver bespoke seminars including: Stalking awareness, MARAC/risk assessment awareness, Complex Needs awareness and our SETDAB Annual Conference.
- Continued to issue regular SETDAB bulletins to all of our partners and expand our distribution list.

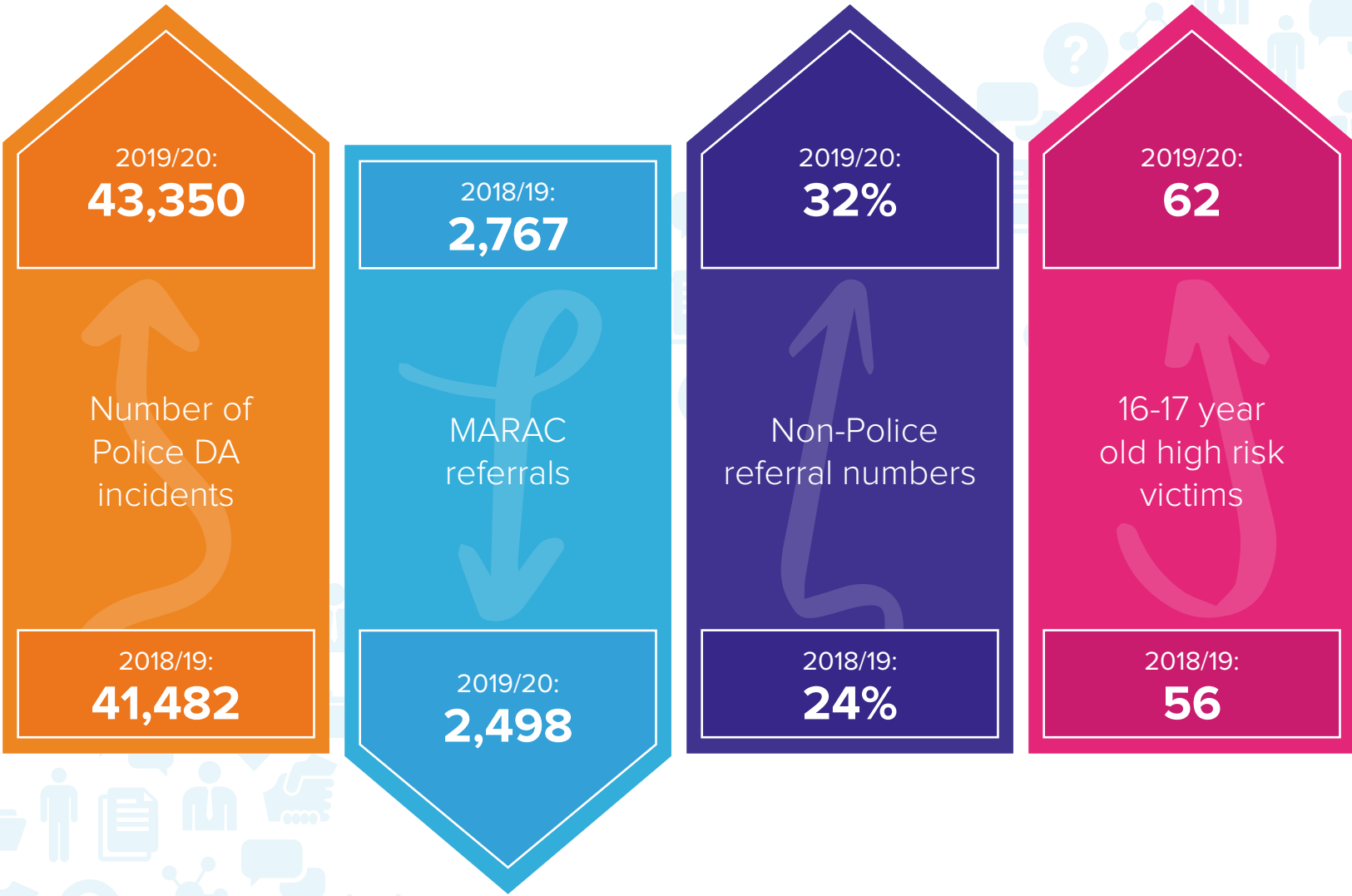
What we will do:

- Develop and expand the J9 initiative in our local communities.
- Promote our commissioned domestic abuse services' single point of access.
- Deliver targeted domestic abuse campaigns on key topics.
- Promote and develop the resources available on our website.
- Provide regular newsletters, bulletins and service updates to highlight new developments and promote good practice.
- Deliver bespoke seminars and learning events to address emerging needs and the impact of trauma on people affected by domestic abuse.
- Work with all partner agencies to ensure they have the appropriate domestic abuse training/staff development opportunities in place for their workforce.
- Promote domestic abuse awareness within the business sector, encouraging healthy working environments.

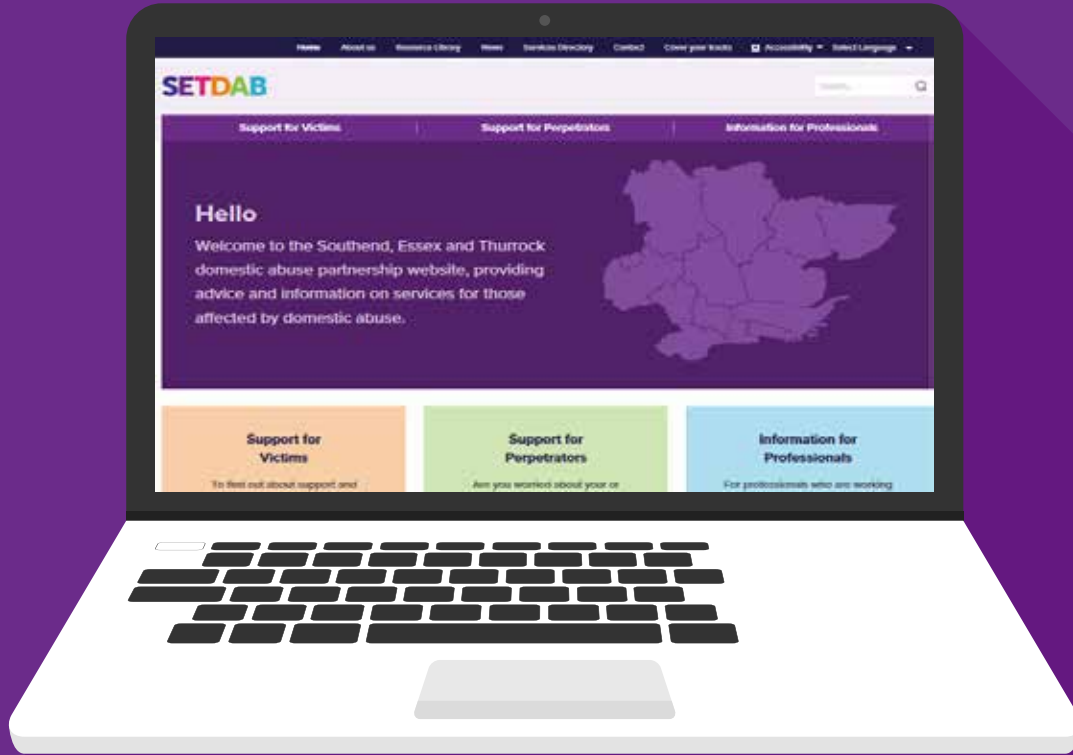
Why is this important?

People affected by domestic abuse need to be able to access appropriate services to increase safety and reduce harm.

2019-2020 SETDAB Performance Data



MARAC: Multi-Agency Risk Assessment Conference **DA:** Domestic Abuse



CCG	Clinical Commissioning Group
CJS	Criminal Justice System
CSC	Children's Social Care
DA	Domestic Abuse
DASH	Domestic Abuse Stalking and Harassment Risk Assessment Tool
DHR	Domestic Homicide Review
DVPO	Domestic Violence Prevention Order
IDVA	Independent Domestic Violence Advisor
MARAC	Multi Agency Risk Assessment Conference
SET	Southend, Essex and Thurrock
SETDAB	Southend, Essex And Thurrock Domestic Abuse Board
TPP	Trauma Perspective Practice

Our partner agencies:

Logos correct according to agency websites as of 27.07.2020



SETDAB aims to work in partnership with all agencies across Southend, Essex and Thurrock

COMPASS

Essex Domestic Abuse Helpline

Call us on:

0330 333 7 444

www.essexcompass.org.uk

COMPASS launched on 1st April 2019 and is the new point of access for victims of domestic abuse across Southend, Essex and Thurrock; providing information, advice and guidance and where appropriate assessment and access to specialist services.

COMPASS will also provide information, advice and guidance to the public and professionals who have concerns about family and friends and people they work with who may be victims of domestic abuse.

COMPASS will be accessible 24hrs a day. Callers can speak with a trained member of staff and there will also be an online form for both public and professionals wishing to make a referral via the website.

COMPASS will be delivered by Southend on Sea Domestic Abuse Projects.



Ending
Violence
in Essex



Essex County Council

PFCC
POLICE, FIRE AND CRIME
COMMISSIONER FOR ESSEX



RCN: 1062493



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& Thurrock Domestic
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